

ABBEY PARK SCHOOL

Coronavirus related absences quick reference guide

What to do if	Action needed	Code	Return to APS when
my child has coronavirus symptoms	 Do not come to APS Contact APS daily Self-isolate Get a test Inform APS immediately about test result 	Code X	the test comes back negative.
my child tests positive for coronavirus	 Do not come to APS Contact APS daily Self-isolate for at least 10 days Inform APS immediately about test result 	Code I	they feel better. They can return to school after 10 days even if they have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection is gone.
somebody in my household has coronavirus symptoms	 Do not come to APS Contact APS daily Self-isolate Household member to get a test Inform APS immediately about test result 	Code X	the household member's test is negative.
NHS test and trace have identified my child as a 'close contact' of somebody with symptoms or confirmed coronavirus	 Do not come to APS Contact APS daily Self-isolate for 14 days 	Code X	the child has completed 14 days of self-isolation
we/my child has travelled and has to self-isolate as part of a period of quarantine	Do not take unauthorised leave in term time Consider quarantine requirements and FCO advice when booking travel Provide information to APS as per attendance policy Returning from a destination where quarantine is needed: Do not come to APS Contact APS daily Self-isolate for 14 days	Code X	the quarantine period of 14 days has been completed
we have received medical advice that my child must resume shielding	 Do not come to APS Contact APS as required by the pastoral team Shield until you are informed that restrictions are lifted and shielding is paused again 	Code X	the school informs you that restrictions have been lifted and your child can return to APS again.

^{*} If your child is healthy enough to follow lessons, they should log in to TEAMS and follow their normal timetable, where lessons will be streamed online.



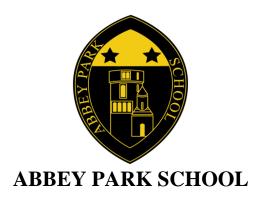












Know Your Symptoms

Covid-19

- -Fever
- -Dry Cough
- -Fatigue
- -Shortness of Breath

Flu

- -Fever
- -Dry Cough
- -Runny Nose
- -Headache
- -Sore Throat
- -Muscle and Joint Pain

Cold

- -Cough
- -Sore Throat
- -Aches and
- Pains
- -Watery Eyes
- -Sneezing
- Runny or Stuffy Nose

Allergies

- -Sneezing
- -Coughing
- -Itchy Eyes
- -Runny or Stuffy Nose

Please check gov.uk for up to date information regarding Covid-19 information.

















ABBEY PARK SCHOOL

RECOGNISING CORONAVIRUS SYMPTOMS

SYMPTOMS	CORONAVIRUS Symptoms range from mild to severe	COLD Gradual anset of symptoms	FLU Rapid onset of symptoms	HAYFEVER	ASTHMA
Fever (≥37.8°C)	Common	Rare	Common	No	No
Cough	Common (usually dry & continuous)	Mild	Common (usually dry)	Sometimes (usually dry)	Sometimes (wheeze & cough)
Shortness of breath	Sometimes	No	No	No	Sometimes
Headache	Sometimes	Rare	Common	Sometimes	No
Sore throat	Sometimes	Common	Sometimes	'Itchy' throat	No
Runny / stuffy nose	Rare	Common	Sometimes	Common	No
Sneezing	No	Common	No	Common	Rare
Aches & pains	Sometimes	Common	Common	No	No
Fatigue	Sometimes	Sometimes	Common	Sometimes	No
Diarrhoea	Rare	No	Sometimes (for children)	No	No

idapted from: World Health Organisation, Contest for Disease Control and Prevention











